



**Kentucky LEADS Collaborative**  
**Prevention & Early Detection Component**  
**Treatment of Tobacco Addiction Resources for Lung Cancer Screening**

The Kentucky LEADS Collaborative recommends that Lung Cancer Screening Programs include a Certified Tobacco Treatment Specialist into the program and offer tobacco treatment/smoking cessation as an integral and on-site aspect of the program.

- Qualified providers who can bill Medicare, Medicaid and private insurance can charge for services using the CPT codes below.
- Tobacco treatment/smoking cessation codes can be used in conjunction with an office visit providing an opportunity to bill for the additional service.
- A modifier needs to be used in the coding as well as documentation of the amount of time counseled.
- ICD-10 diagnostic coding should be used in all billing.
- Cessation counseling and at least one cessation medication are a covered benefit for recipients of most plans.
- Specific coverage varies by plan type; so general guidelines are listed below.
- Please note plan coverage is subject to change and final determination is best obtained by contacting the customer service number on the member insurance card.

**Procedure & Diagnostic Codes** (Source: Advisory Board Smoking Cessation Resource Compendium)

ICD-10 & CPT Codes	Description	Individual or Group Counseling
Medicare: G0436	Smoking and tobacco cessation counseling visit for the asymptomatic patient, intermediate, greater than 3 minutes, up to 10 minutes	Individual
Medicare: G0437	Smoking and tobacco cessation counseling visit for the asymptomatic patient, intensive, greater than 10 minutes	Individual
CPT 99406	Smoking and tobacco cessation counseling visit for the symptomatic patient, intermediate, greater than 3 minutes, up to 10 minutes	Individual
CPT 99407	Smoking and tobacco cessation counseling visit for the symptomatic patient, intensive, greater than 10 minutes	Individual
CPT S9453	Smoking cessation classes, non-physician provider, per session	Group
CPT 99078	Physician educational services in a group setting	Group

<p>ICD-10 F17.2 (Formerly ICD-9 305.1) Effective 10/1/15</p>	<p><u>Nicotine Dependence:</u>  <b>F17.20 Nicotine dependence, unspecified</b>  F17.200 Nicotine dependence, unspecified, uncomplicated  F17.201 Nicotine dependence, unspecified, in remission  F17.203 Nicotine dependence, unspecified, with withdrawal  F17.208 Nicotine dependence, unspecified, with other nicotine-induced disorders  F17.209 Nicotine dependence, unspecified, with unspecified nicotine-induced disorders  <b>F17.21 Nicotine dependence, cigarettes</b>  F17.210 Nicotine dependence, cigarettes, uncomplicated  F17.211 Nicotine dependence, cigarettes, in remission  F17.213 Nicotine dependence, cigarettes, with withdrawal  F17.218 Nicotine dependence, cigarettes, with other nicotine-induced disorders  F17.219 Nicotine dependence, cigarettes, with unspecified nicotine-induced disorders  <b>F17.29 Nicotine dependence, other tobacco product</b>  F17.290 Nicotine dependence, other tobacco product, uncomplicated  F17.291 Nicotine dependence, other tobacco product, in remission  F17.293 Nicotine dependence, other tobacco product, with withdrawal  F17.298 Nicotine dependence, other tobacco product, with other nicotine-induced disorders  F17.299 Nicotine dependence, other tobacco product, unspecified nicotine-induced disorders  <u>History of Nicotine Dependence</u>  <b>Z87 Personal history of other diseases and conditions</b>  Z87.8 Personal history of other specified conditions  Z87.891 Personal history of nicotine dependence (excludes nicotine dependence F17.2)  Formerly ICD-9 V15.82  <u>Counseling and Medical Advice Services, Not Elsewhere Classified</u>  <b>Z71 Persons encountering health services for counseling &amp; medical advice, not elsewhere classified</b>  Z71.6 Tobacco abuse counseling (use additional code for nicotine dependence F17.2)</p>	<p>Both</p>
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ICD-10 & CPT Codes	Description	Individual or Group Counseling
ICD-10	<p><u>Additional Tobacco Use and Dependence ICD-10 Codes</u></p> <ul style="list-style-type: none"> <li>• <b>099.33</b> – Smoking complicating pregnancy, childbirth, and the puerperium</li> <li>• <b>P04.2</b> – Newborn affected by maternal use of tobacco</li> <li>• <b>P96.81</b> – Exposure to environmental tobacco smoke in the perinatal period</li> <li>• <b>T65.2</b> – Toxic effect of smoking and nicotine</li> <li>• <b>Z57.31</b> – Occupational exposure to environmental tobacco smoke</li> <li>• <b>Z72</b> – Tobacco use not otherwise specified (NOS)</li> <li>• <b>Z77.2</b> – Contact with and exposure to environmental tobacco smoke</li> </ul>	N/A

**Counseling coverage is provided for persons with:**

- Medicare Part B (Medical Insurance), up to 8 face-to-face visits in a 12-month period. These visits must be provided by a Medicare-recognized healthcare provider in order to bill for services.
- Affordable Care Act Plans generally provide the same benefits as Medicare.
- Medicaid in Kentucky offers variable coverage limits, though all plans do provide a benefit for cessation counseling and medication. See <http://chfs.ky.gov/dms/tobaccocessation.htm> for an overview of the Kentucky Medicaid plans. Please note that Medicaid plans vary by state.
- Medicare plus Medicaid (“dual-eligible”) plans provide coverage, but this may be different than what is provided under Medicare or Medicaid alone.

- Veterans Administration provides individual counseling, participation in evidence-based smoking cessation programs, and cessation medication benefits.

**At least one of the 7 recommended medications used to treat tobacco dependence is covered including:**

- Nicotine Transdermal Patches\*
- Nicotine Gum\*
- Nicotine Lozenges\*
- Varenicline (Chantix)
- Nicotine inhaler (Nicotrol)
- Nicotine Nasal Spray
- Bupropion SR (Zyban)

\* These medications are available over the counter, but some plans require a prescription for coverage. Coverage will vary by plan. Formularies are generally readily available online or by calling the customer service number on the individual's medication benefits card.

- For more information please visit: <http://chfs.ky.gov/NR/ronlyres/07C10FA2-1C36-49C6-9A5F-233CC44B4FCD/0/MCOTobaccoCessationProgramSummary.pdf>

**Certified Tobacco Treatment Specialist integrated into an on-site lung cancer screening program:**

- For more information about Certified Tobacco Treatment Specialist Training Opportunities, please consult the following sources for accredited programs and upcoming training opportunities.
- Accredited programs: <http://ctttp.org/accredited-programs/>
- Upcoming training opportunities: <http://www.attud.org/tobacco-nicotine-meets.php>
- If you would like additional information regarding Certified Tobacco Treatment Specialist training, please contact us at: [jredknight@kycancer.org](mailto:jredknight@kycancer.org) or [timothy.mullett@uky.edu](mailto:timothy.mullett@uky.edu).

**A standardized approach is recommended:**

- **The Five A's is an evidence-based approach that can provide a useful framework:**
  - Ask about tobacco use
  - Advise to quit
  - Assess willingness to make a quit attempt
  - Assist in quit attempt
  - Arrange follow-up
- For more information, please visit: <http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/tobacco/5steps.html>

**In addition to the integrated, on-site program support offered, here are some additional resources that may help patients become tobacco free:**

- KY Quit Line: 1-800-QUIT-NOW or <https://www.quitnowkentucky.org>
- Provider Referrals (online): [https://www.quitnowkentucky.org/providers\\_partners/default.aspx](https://www.quitnowkentucky.org/providers_partners/default.aspx)
- KY Cancer Program Plan to be Tobacco Free: <http://www.kycancerprogram.org/tobacco-cessation>
- Smokefree.gov: [www.smokefree.gov](http://www.smokefree.gov)
- QuitSTART Smartphone App: <http://smokefree.gov/apps-quitstart>
- QuitGuide Smartphone App: <http://smokefree.gov/apps-quitguide>
- Freedom from Smoking Online (\$15/3 months or \$40/year): <http://www.ffsonline.org/>

- Cigarette Smoking: Health Risks and how to quit (NCI resource): <http://www.cancer.gov/about-cancer/causes-prevention/risk/tobacco/quit-smoking-hp-pdq-section/all>

**References:**

- The Advisory Board: Smoking Cessation Resource Compendium (2014). “Accredited Programs”, ATTUD, Imaging Performance Partnership and Oncology Roundtable interviews and analysis
- The Advisory Board Company (2014) “Quick Reference Information: Preventive Services”, CMS, [https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/Downloads/MPS\\_QuickReferenceChart\\_1.pdf](https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/Downloads/MPS_QuickReferenceChart_1.pdf);
- Elliot, V, “Tips on getting paid for smoking cessation treatment” amednews, <http://www.amednews.com/article/20110606/business/306069968/5/>
- Happy Hospitalist. “CPT 99406, 99407, G0436, G0437 Smoking Cessation Counseling Codes.” <http://thehappyhospitalist.blogspot.com/2009/10/cpt-99406-and-99407-and-now-g0436-and.html>;
- The Advisory Board. “Imaging Performance Partnership and Oncology Roundtable interviews and analysis” <https://www.advisory.com/research/imaging-performance-partnership>