

Kentucky LEADS Collaborative
Implementation of Quality Lung Cancer Screening
Treatment of Tobacco Addiction Resources for Lung Cancer Screening

The Kentucky LEADS Collaborative recommends that Lung Cancer Screening Programs include a Certified Tobacco Treatment Specialist into the program and offer tobacco treatment/smoking cessation as an integral and on-site aspect of the program.

- Qualified providers who can bill Medicare, Medicaid and private insurance can charge for services using the below CPT codes.
- Tobacco treatment/smoking cessation codes can be used in conjunction with an office visit providing an opportunity to bill for the additional service.
- There are two scenarios for qualified providers to bill:
 - Tobacco Cessation Counseling only – no modifier needed
 - In combination with another service – modifier needed, plus documentation that clearly states the time spent counseling and writing notes is over and above the time spent for the other visit/service.
- Recommend using ICD-10 diagnostic code F17.20 or F17.300 for most billing situations. See options below in the table.
- As of July 1, 2017, there is a Kentucky law (new section of subtitle 17A of KRS Chapter 304) that reduces barriers to tobacco cessation. The following information applies to Kentucky health benefit plans:
 - Patients can receive coverage for all FDA-approved tobacco cessation medications and all forms of tobacco cessation services recommended by the [United States Preventive Services Task Force](#) which includes:
 - Individual counseling
 - Group counseling
 - Telephone counseling
 - The following conditions shall not be imposed:
 - Counseling requirements for medications
 - Limits on the duration of services (including no annual or lifetime limits or number of covered quit attempts)
 - Copayments, or other out of pocket cost sharing, including deductibles
 - Prior authorization and step therapy unless the following circumstances apply:
 - Treatment that exceeds the duration of the most recently [published](#) United States Public Health Service clinical practice guidelines on treating tobacco use and dependence, OR
 - For services associated with more than two attempts to quit in a twelve month period
- Please note plan coverage is subject to change and final determination is best obtained by contacting the customer service number on the member insurance card.

Procedure & Diagnostic Codes (Source: Advisory Board Smoking Cessation Resource Compendium)

ICD-10 & CPT Codes	Description	Individual or Group Counseling
CPT 99406	Smoking and tobacco cessation counseling visit, intermediate, greater than 3 minutes, up to 10 minutes	Individual
CPT 99407	Smoking and tobacco cessation counseling visit, intensive, greater than 10 minutes	Individual
CPT S9453	Smoking cessation classes, non-physician provider, per session	Group
CPT 99078	Physician educational services in a group setting	Group
ICD-10 F17.2 (Formerly ICD-9 305.1) Effective 10/1/15	<p>Nicotine Dependence:</p> <p>F17.20 Nicotine dependence, unspecified F17.200 Nicotine dependence, unspecified, uncomplicated F17.201 Nicotine dependence, unspecified, in remission F17.203 Nicotine dependence, unspecified, with withdrawal F17.208 Nicotine dependence, unspecified, with other nicotine-induced disorders F17.209 Nicotine dependence, unspecified, with unspecified nicotine-induced disorders</p> <p>F17.21 Nicotine dependence, cigarettes F17.210 Nicotine dependence, cigarettes, uncomplicated F17.211 Nicotine dependence, cigarettes, in remission F17.213 Nicotine dependence, cigarettes, with withdrawal F17.218 Nicotine dependence, cigarettes, with other nicotine-induced disorders F17.219 Nicotine dependence, cigarettes, with unspecified nicotine-induced disorders</p> <p>F17.29 Nicotine dependence, other tobacco product F17.290 Nicotine dependence, other tobacco product, uncomplicated F17.291 Nicotine dependence, other tobacco product, in remission F17.293 Nicotine dependence, other tobacco product, with withdrawal F17.298 Nicotine dependence, other tobacco product, with other nicotine-induced disorders F17.299 Nicotine dependence, other tobacco product, unspecified nicotine-induced disorders</p> <p>History of Nicotine Dependence</p> <p>Z87 Personal history of other diseases and conditions Z87.8 Personal history of other specified conditions Z87.891 Personal history of nicotine dependence (excludes nicotine dependence F17.2) Formerly ICD-9 V15.82</p> <p>Counseling and Medical Advice Services, Not Elsewhere Classified</p> <p>Z71 Persons encountering health services for counseling & medical advice, not elsewhere classified Z71.6 Tobacco abuse counseling (use additional code for nicotine dependence F17.2)</p>	Both

ICD-10 & CPT Codes	Description	Individual or Group Counseling
ICD-10	<p><u>Additional Tobacco Use and Dependence ICD-10 Codes</u></p> <ul style="list-style-type: none"> • 099.33 – Smoking complicating pregnancy, childbirth, and the puerperium • P04.2 – Newborn affected by maternal use of tobacco • P96.81 – Exposure to environmental tobacco smoke in the perinatal period • T65.2 – Toxic effect of smoking and nicotine • Z57.31 – Occupational exposure to environmental tobacco smoke • Z72 – Tobacco use not otherwise specified (NOS) • Z77.2 – Contact with and exposure to environmental tobacco smoke 	N/A

Counseling coverage is provided for persons with:

- Medicare Part B (Medical Insurance), up to 8 face-to-face visits in a 12-month period. These visits must be provided by a Medicare-recognized healthcare provider in order to bill for services.
- Kentucky health benefit plans that are not self-insured
- Kentucky Medicaid plans
- Medicare plus Medicaid (“dual-eligible”) plans provide coverage, but this may be different than what is provided under Medicare or Medicaid alone.
- Veterans Administration provides individual counseling, participation in evidence-based smoking cessation programs, and cessation medication benefits. They require Prior Authorization for Varenicline (Chantix).

All of the 7 FDA recommended medications used to treat tobacco dependence are covered for Kentucky health benefit plans (that are not self-insured) and Medicaid plans including:

- Nicotine Transdermal Patches*
- Nicotine Gum*
- Nicotine Lozenges*
- Varenicline (Chantix)
- Nicotine inhaler (Nicotrol)
- Nicotine Nasal Spray
- Bupropion SR (Zyban)

* These medications are available over the counter, but some plans require a prescription for coverage. Medicaid and self-insured health plan coverage will vary by plan. Formularies are generally readily available online or by calling the customer service number on the individual’s medication benefits card.

Please note: E-cigarettes or other vaping products are not approved by the FDA as a recommended approach to treat tobacco dependence, they are not covered by insurance, and current research shows there is limited evidence that e-cigarettes are effective for helping smokers quit.

Certified Tobacco Treatment Specialist integrated into an on-site lung cancer screening program:

- There is now an on-line Tobacco Treatment Specialist training through the University of Kentucky. Enrollment is ongoing. To find out more information and to register, click [here](#).
- For more information about additional Certified Tobacco Treatment Specialist Training Opportunities, please consult the following sources for [accredited programs](#) and upcoming training opportunities.
- If you would like additional information regarding the Certified Tobacco Treatment Specialist training, please contact Drs. Jennifer Knight or Tim Mullett at: jennifer.knight@uky.edu or timothy.mullett@uky.edu.

A standardized approach is recommended (For more information, please visit AHRQ [here](#)):

- **The Five A’s is an evidence-based approach that can provide a useful framework:**
 - Ask about tobacco use
 - Advise to quit
 - Assess willingness to make a quit attempt
 - Assist in quit attempt
 - Arrange follow-up

In addition to the integrated, on-site program support offered, here are some additional resources that may help patients become tobacco free:

- KY Quit Line: 1-800-QUIT-NOW or <https://www.quitnowkentucky.org>
Provider Referrals (online): <https://www.quitnowkentucky.org/en-US/Just-Looking/Health-Professional>
- KY Cancer Program Plan to be Tobacco Free: <http://www.kycancerprogram.org/tobacco-cessation>
- Smokefree.gov: www.smokefree.gov
- QuitSTART Smartphone App: <http://smokefree.gov/apps-quitstart>
- QuitGuide Smartphone App: <http://smokefree.gov/apps-quitguide>
- Freedom from Smoking Online (\$15/3 months or \$40/year): <http://www.ffsonline.org/>
- Cigarette Smoking: Health Risks and how to quit (NCI resource for Health Professionals): <https://www.cancer.gov/about-cancer/causes-prevention/risk/tobacco/quit-smoking-hp-pdq>

References:

- The Advisory Board: Smoking Cessation Resource Compendium (2014). “Accredited Programs”, ATTUD, Imaging Performance Partnership and Oncology Roundtable interviews and analysis
- The Advisory Board Company (2014) “Quick Reference Information: Preventive Services”, CMS, <https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-QuickReferenceChart-1.html#TOBACCO>.